



Access : Making Music

Music sessions are on Tuesdays from 10.30pm to 3.30pm

Birch Memorial Hall

School Hill,

Birch

Colchester

Essex

Taster Session

2 hours for 1

Your first session will only cost £12.00 for two hours.

From then on sessions will be £12.00 per hour

If you require 1-1 support, you will need to bring a carer or discuss funding options with Access

Manager : Clare Stalker Tel : 01206 330308

Email: clarestalker@ecarec.co.uk

www.ecarec.co.uk



Access: Making Music



A place where you can join in and enjoy Making Music through our sound system

A place where you can play guitar, drums, harmonicas and sing

A place where you can learn to perform and get ready for shows

A place where you can find your musical talent and rhythm

A place to make music with new and old friends



Essex Care Consortium is an independent, therapeutic resource, which provides a range of specialist services for people with learning disabilities for those aged 18 and above. 'Access' is our learning and development resource and it offers a wide variety of educational and social opportunities. All staff have enhanced DBS checks in place.

Access: Makes Music takes place on:
Tuesdays from 10.30pm - 12.00 1.30 - 3.30pm at :
Birch Memorial Hall
School Hill,
Birch
Colchester
Essex
CO2 0LZ

For more information and to book your place:
Please contact:
Manager : Clare Stalker Tel : 01206 330308
Email: clarestalker@ecarec.co.uk

Birch Memorial Hall has modern facilities and we have a large warm comfortable hall. The Parking area adjacent to the building is prioritised for disabled visitors and we have full disabled access.

Drinks and a snack are provided in Access group, and the hall has a fully equipped kitchen.

Access: Making Music

We believe everybody has the potential to Make Music, and we aim to find that potential in our Students. Active participation of all our Students is a key element to what we do. We do this by creating an environment which is fun, where students feel safe to explore and experience music by engaging with the physicality of using the instruments to make music together. With the direction of our musicians we create an opportunity where people of various abilities can join together to participate in making music. We believe music can be a powerful tool to express emotions and feelings. Making music together can bring about a sense of fun, achievement and shared experience. It offers our students an opportunity to develop confidence, musical skills, inclusive participation and the wonderful feeling of creating sounds that have meaning and purpose.

Music promotes an energy force within our students that helps them to express and link sounds to each other developing communication on many levels :including listening, playing and performing skills. Students develop a sense of achievement and responsibility in joint participation, turn taking and performing. We encourage all students to find the type of music and song that they can relate to and actively promote these to the rest of the group, expressing and taking ownership of differing styles of music and playing.

Our music making is all about the freedom of expression, whilst learning about structure and the balance of sound. Concepts of loud and quiet, starting and stopping are all part of a musical language to be developed and explored by our students. Music cuts across ability, it is a language that speaks to the heart. We experience this happening with our students at every session and we never cease to be in awe of the radiant pleasure that shows on our students' faces when indeed music touches ours and their hearts.